



Senior Program Calendar of Classes and Events – Lewisville Location May 2010



Closed May 31 in Observance of Memorial Day.
Senior Social at Sunrise United Methodist Church – May 16th from 2 – 5 pm. RSVP to 748-0217.

Mon	Tue	Wed	Thu	Fri
3	4	5	<p>12:45 pm Free Yoga at Sunrise UMC</p> <p>2:00 pm Tai Chi at Sunrise UMC \$32 for members; \$40 for non-members for 8 classes</p>	7
<p>10 10 am Writing Stories from Your Life at Sunrise UMC</p>	11	12	<p>13 12:45 pm Free Yoga at Sunrise UMC</p> <p>2:00 pm Tai Chi at Sunrise UMC \$32 for members; \$40 for non-members for 8 classes</p>	14
<p>17 10 am Writing Stories from Your Life at Sunrise UMC</p>	18	19	<p>20 12:45 pm Free Yoga at Sunrise UMC</p> <p>2:00 pm Tai Chi at Sunrise UMC \$32 for members; \$40 for non-members for 8 classes</p> <p>5:30 pm Lewisville Senior Programs Advisory Committee Meeting at Lewisville UMC</p>	21
<p>24 10 am Writing Stories from Your Life at Sunrise UMC</p>	25	26	<p>27 12:45 pm Free Yoga at Sunrise UMC</p> <p>2:00 pm Tai Chi at Sunrise UMC \$32 for members; \$40 for non-members for 8 classes</p>	28

FITNESS CENTER

The Fitness Center at the G. Galloway Reynolds Community Center is available for use every day for those age 60+. Participants must register at Town Hall.

Pre-registration required for **ALL** activities and events.
Please call Teresa at 748-0217 to register.