

### **Congregational Nurse and Health Ministries Approved Websites**

<b>Advanced Care Decisions</b>		
<b>National Cancer Institute</b>	Offers an Advance Directives Fact Sheet	<a href="http://www.cancer.gov/cancertopics">www.cancer.gov/cancertopics</a> <a href="http://www.cancer.gov/cancertopics/factsheet/support/advance-directives">www.cancer.gov/cancertopics/factsheet/support/advance-directives</a>
<b>Medline Plus</b>	Definitions of Medical Power of Attorney, DNR, Living Will	<a href="http://www.nlm.nih.gov/medlineplus/ency/article/001908.htm">www.nlm.nih.gov/medlineplus/ency/article/001908.htm</a>
<b>Caring Connections</b>	Info about advance directives, advanced care resources, financial planning, information for caregivers.	<a href="http://www.careinginfo.org">www.careinginfo.org</a>
<b>Get Palliative Care</b>	General information about palliative care and what to expect; includes directory of where to get palliative care in the US	<a href="http://www.getpalliativecare.org">www.getpalliativecare.org</a>
<b>Growth House- Advancing Care for the Dying</b>	Covers topic areas such as hospice care, palliative care, pain management, grief and estate planning	<a href="http://www.growthhouse.org">www.growthhouse.org</a>
<b>Hospice</b>	General information about hospice and what to expect, sections for patients and caregivers with specific info about bereavement	<a href="http://www.hospicenet.org">www.hospicenet.org</a>
<b>National Hospice and Palliative Care</b>	Consumer guides to hospice, Medicare hospice benefit, and end of life wishes	<a href="http://www.nhpco.org">www.nhpco.org</a>
<b>American Society on Aging</b>	Provides resources for improving skills of people working with older adults	<a href="http://www.asaging.org">www.asaging.org</a>
<b>Hospice Foundation of America</b>	Provides help to those who cope personally or professionally with terminal illness, death, or grief	<a href="http://www.hospicefoundation.org/">www.hospicefoundation.org/</a>
<b>Behavioral and Mental Health</b>		
<b>Centers for Disease Control and Prevention (CDC)</b>	Information for all diseases with resources and current research, research on new illnesses or new research on current illnesses	<a href="http://www.cdc.gov">www.cdc.gov</a>
<b>Medline Plus Drug Information</b>	General mental health info, easy to use and navigate	<a href="http://www.medlineplus.gov">www.medlineplus.gov</a>
<b>National Institute of</b>	Central government and research resource for	<a href="http://www.nimh.nih.gov">www.nimh.nih.gov</a>

<b>Mental Health</b>	mental health	
<b>National Institute on Drug Abuse</b>	<p>Provides specific info on individual drugs of abuse, links to treatment providers and resources for prevention</p> <p>Describes the link between drug abuse and HIV infection</p> <p>Provides current info on “Club Drugs” including MDMA (Ecstasy), GHB, Rohypnol, ketamine, methamphetamine, and LSD; defining the scope of the problem with specific descriptions of each drug and its effects</p> <p>Focuses on the incidence, impact, and symptoms of anabolic steroid abuse and includes info on locating treatment providers</p> <p>Site is fun and interactive, designed for teens, offering facts on drugs of abuse, brain games, and personal stories about addiction from teens in recovery</p> <p>Describes the issue of inhalant abuse, including incidence, symptoms, and complications</p>	<p><a href="http://www.drugabuse.gov">www.drugabuse.gov</a></p> <p><a href="http://hiv.drugabuse.gov">http://hiv.drugabuse.gov</a></p> <p><a href="http://www.clubdrugs.gov">www.clubdrugs.gov</a></p> <p><a href="http://www.steroidabuse.gov">www.steroidabuse.gov</a></p> <p><a href="http://teens.drugabuse.gov">http://teens.drugabuse.gov</a></p> <p><a href="http://inhalants.drugabuse.gov">http://inhalants.drugabuse.gov</a></p>
<b>National Library of Medicine</b>	Search engine for other government websites	<a href="http://www.nlm.nih.gov">www.nlm.nih.gov</a>
<b>Substance Abuse and Mental Health Services Administration</b>	Overview of services, programs, and trainings for mental health	<a href="http://samhsa.gov">http://samhsa.gov</a>
<b>Autism Speaks</b>	Provides Autism Video Glossary, online Family Resource Guide	<a href="http://www.autismspeaks.org">www.autismspeaks.org</a>
<b>National Institute on Drug Abuse</b>	Offers updated info on marijuana, including incidence, impact, and current research about the drug and its effects	<a href="http://www.marijuana-info.org">www.marijuana-info.org</a>
<b>National Mental Health Information Center</b>	Provides info about mental health services, sponsored by SAMSHA	<a href="http://www.mentalhealth.org">www.mentalhealth.org</a>

<b>National Alliance on Mental Illness (NAMI)</b>	The nation's largest grassroots mental health organization dedicated to improving the lives of individuals and families affected by mental illness.	<a href="http://www.nami.org">www.nami.org</a>
<b>Depression</b>	Helps people to understand depression, possible causes and how it can be treated	<a href="http://www.depression.com/">www.depression.com/</a>
<b>Drug Abuse</b>	Provides info about addiction, prevention, treatment and recovery	<a href="http://www.drugabuse.com/">www.drugabuse.com/</a>
<b>Cancer</b>		
<b>American Cancer Society</b>	A nationwide, community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service.	<a href="http://www.cancer.org">www.cancer.org</a>
<b>American Institute for Cancer Research</b>	Discusses research on diet and cancer prevention	<a href="http://aicr.convio.net">http://aicr.convio.net</a>
<b>Cancer Net</b>	Provides the latest news on different types of cancer	<a href="http://www.cancer.net">www.cancer.net</a>
<b>National Cancer Institute (NCI)</b>	Part of the National Institute of Health (NIH). Provides the latest clinical trials and centers for different types of cancer	<a href="http://www.cancer.gov">www.cancer.gov</a>
<b>Cardiovascular/ Heart</b>		
<b>National Heart Lung and Blood Institute (NHLBI)</b>	Able to search on sample menus, create a diet, recipes, and the DASH diet menu	<a href="http://www.nhlbi.nih.gov">www.nhlbi.nih.gov</a>
<b>American College of Cardiology</b>	Education site designed to inform patients about prevention and treatment of heart disease	<a href="http://www.cardiosource.com">www.cardiosource.com</a>
	Manage My Condition empowers people to become active partners in their health care management	<a href="http://www.cardiosmart.org/ManageCondition">www.cardiosmart.org/ManageCondition</a>
	Cardio-smart information that explains heart function and ways to reduce chances of a heart attack	<a href="http://www.cardiosmart.org/CardioSmart">www.cardiosmart.org/CardioSmart</a>

	Learn about Heart Disease- synopses from NIH about different heart conditions	<a href="http://www.cardiosmart.org/HeartDisease/CTTBrowser.aspx">www.cardiosmart.org/HeartDisease/CTTBrowser.aspx</a>
<b>American Heart Association</b>	Education and information on heart disease and related disorders	<a href="http://www.americanheart.org">www.americanheart.org</a>
<b>The Children's Heart Institute</b>	Online pediatric cardiology encyclopedia	<a href="http://www.childrensheartinstitute.org">www.childrensheartinstitute.org</a>
<b>Vascular Web</b>	Discusses different cardiovascular conditions and how to contact vascular specialist for different diseases	<a href="http://www.vascularweb.org">www.vascularweb.org</a>
<b>Heart Hub</b>	American Heart Association's patient portal for information, tools, and resources with regards to cardiovascular diseases.	<a href="http://www.hearthub.org">www.hearthub.org</a>
<b>Care Navigation</b>		
<b>Agency for Health Research and Quality</b>	Website for US Dept of Health and Human Serv. Advancing excellence in healthcare	<a href="http://www.ahrq.gov">www.ahrq.gov</a>
<b>Health Resources and Services Administration (HRSA)</b>	HRSA- an agency of the US Dept of Health and Human Services- primary Federal agency for improving access to health care services for the underinsured, isolated and medically vulnerable.	<a href="http://www.hrsa.gov/about/default.htm">www.hrsa.gov/about/default.htm</a>
<b>National Center on Elder Abuse</b>	Nat'l resource center dedicated to the prevention of elder mistreatment  This URL provides elder abuse hotlines for all states	<a href="http://www.ncea.aoa.gov">www.ncea.aoa.gov</a>  <a href="http://www.ncea.aoa.gov/NCEAroot/Main_Site/Find_Help/State_Resources.aspx">www.ncea.aoa.gov/NCEAroot/Main_Site/Find_Help/State_Resources.aspx</a>
<b>North Carolina Care Line</b>	Community Resources for NC	<a href="http://www.nccarelink.gov">www.nccarelink.gov</a>
<b>Hartford Institute for Geriatric Nursing</b>	An evidence-based online resource for nurses in clinical and educational settings. Online resource for the care of older adults.	<a href="http://www.ConsultGeriRN.org">www.ConsultGeriRN.org</a>
<b>Chronic Pain</b>		
<b>National Institute of Health (NIH)</b>	The nation's medical research agency	<a href="http://www.nih.gov">www.nih.gov</a>
<b>National Institute of Neurological Disorders and Stroke</b>	Offers a chronic pain info page	<a href="http://www.ninds.nih.gov/disorders/chronic_pain/chronic_pain.htm">www.ninds.nih.gov/disorders/chronic_pain/chronic_pain.htm</a>
<b>American Pain</b>	Provides a pain info library, ways to manage	<a href="http://www.painfoundation.org">www.painfoundation.org</a>

<b>Foundation</b>	pain, info about specific painful diseases	
<b>National Headache Foundation</b>	Provides education and info resources, supports headache research and advocates for the understanding of headache as a legitimate neurobiological disease	<a href="http://www.headaches.org">www.headaches.org</a>
<b>National Pain Foundation</b>	An on-line educational and support community for persons in pain, their families, physicians- a source for treatment options and pain info	<a href="http://www.nationalpainfoundation.org">www.nationalpainfoundation.org</a>
<b>American Academy of Pain Medicine</b>	Provides general information about pain and local pain specialists in your area	<a href="http://www.painmed.org/">www.painmed.org/</a>
<b>American Pain Society</b>	Provides links for websites that address management of chronic pain	<a href="http://www.ampainsoc.org/people/">www.ampainsoc.org/people/</a>
<b>Diabetes/Endocrine</b>		
<b>American Diabetes Association (ADA)</b>	Their mission is to prevent and cure diabetes and to improve the lives of all people affected by this disease. Available in English and Spanish.	<a href="http://www.diabetes.org">www.diabetes.org</a>
<b>Diabetes Health Center on WebMD</b>	Provides an overview of diabetes and also supplies resources with regards to the management of diabetes	<a href="http://diabetes.webmd.com/">http://diabetes.webmd.com/</a>
<b>National Diabetes Information Clearinghouse</b>	Provides educational materials to increase knowledge and understanding about diabetes	<a href="http://diabetes.niddk.nih.gov/">http://diabetes.niddk.nih.gov/</a>
<b>Endocrine Web</b>	Provides information intended for the education of patients and their families with regards to endocrine diseases, hormone problems and treatment options	<a href="http://www.endocrineweb.com">www.endocrineweb.com</a>
<b>Digestive/Gastrointestinal</b>		
<b>National Institute of Diabetes and Digestive and Kidney Diseases</b>	Conducts and supports basic and clinical research on many of the most serious diseases affecting public health. Multiple reliable links and information in Spanish as well.	<a href="http://www.niddk.nih.gov">www.niddk.nih.gov</a>
<b>National Association of Anorexia Nervosa and Associated Disorders</b>	Provides information and support networks for the sufferers and families of people with Anorexia	<a href="http://www.anad.org">www.anad.org</a>
<b>National Eating Disorder Association</b>	Provides information on various eating disorders	<a href="http://www.nationaleatingdisorders.org/">http://www.nationaleatingdisorders.org/</a>

<b>Kidney/Urological</b>		
<b>National Kidney Foundation</b>	The major voluntary health organization dedicated to preventing kidney disease, improving the health and well-being of individuals and families affected by kidney disease and increasing the availability of all organs for transplantation	<a href="http://www.kidney.org">www.kidney.org</a>
<b>Urology Health</b>	Provides a wealth of information on various urological disorders by urology experts	<a href="http://www.urologyhealth.org">www.urologyhealth.org</a>
<b>Prostate Cancer Foundation</b>	Helps to find better treatment and cure for prostate cancer	<a href="http://www.prostatecancerfoundation.org">www.prostatecancerfoundation.org</a>
<b>Respiratory/Smoking Cessation</b>		
<b>American Lung Association (ALA)</b>	Dedicated to saving lives by improving lung health and preventing lung disease. Provides info on conditions, research, smoking cessation.	<a href="http://www.lungusa.org">www.lungusa.org</a>
<b>Centers for Disease Control and Prevention</b>	Provides information about smoking cessation	<a href="http://www.cdc.gov/tobacco/quit_smoking/index.htm">www.cdc.gov/tobacco/quit_smoking/index.htm</a>
<b>Smoke Free</b>	Provides expert help and studies on quitting smoking	<a href="http://www.smokefree.gov">www.smokefree.gov</a>
<b>Skin</b>		
<b>American Academy of Dermatology</b>	Provide clinical expert advice on skin conditions	<a href="http://www.aad.org">www.aad.org</a>
<b>Electronic Textbook of Dermatology</b>	Provides educational information on dermatological conditions	<a href="http://www.telemedicine.org/stamford.htm">http://www.telemedicine.org/stamford.htm</a>
<b>Other Resources</b>		
<b>North Carolina Health Information</b>	Excellent resource for medical conditions, dictionary and terms. Has links to <b>local services</b> for reporting child abuse, etc. Also has links to <b>references and statistics</b> .	<a href="http://www.nchealth.org">www.nchealth.org</a>
<b>National Organization for Rare Disorders (NORD)</b>	Dedicated to helping people with rare diseases. Info on prevention and treatment resources.	<a href="http://www.rarediseases.org">www.rarediseases.org</a>
<b>Faith in Action Volunteers</b>	Info and search for volunteer groups across the country	<a href="http://www.fiavolunteers.org">www.fiavolunteers.org</a>
<b>Family Care Alliance</b>	Provides care-giving information and advice (also in Spanish and Chinese)	<a href="http://www.caregiver.org">www.caregiver.org</a>
<b>Pharmacy Assistance</b>	Resources to find assistance for prescriptions	<a href="http://www.pparx.org">www.pparx.org</a>

<b>Programs</b>		
<b>United Way 2-1-1</b>	Info and referral search across USA	<a href="http://www.211.org">www.211.org</a>
<b>HeartWell Foundation</b>	Non-profit organization designed to assist individuals with certain diseases to pay insurance co-pays, premiums, coinsurance or other out of pocket healthcare costs	<a href="http://www.healthwellfoundation.org/index.aspx">www.healthwellfoundation.org/index.aspx</a>
<b>March of Dimes</b>	Dedicated to improving the health of babies by preventing birth defects, premature birth and infant mortality.	<a href="http://www.marchofdimes.com">www.marchofdimes.com</a>
<b>Mayo Clinic</b>	Offers award-winning medical and health information and tools for healthy living	<a href="http://www.mayoclinic.com">www.mayoclinic.com</a>
<b>National Council on Aging</b>	The National Council on Aging is a non-profit service and advocacy organization headquartered in Washington, DC. Mission- to improve the lives of older adults.	<a href="http://www.ncoa.org">www.ncoa.org</a>
<b>Nursing and other Professional Associations</b>		
<b>American Nurses Association (ANA)</b>	The American Nurses Association (ANA) is the only full-service professional organization representing the interests of the nation's 2.9 million registered nurses (RNs)	<a href="http://www.nursingworld.org">www.nursingworld.org</a>
<b>North Carolina Nurses Association</b>	Professional association for all registered nurses in North Carolina.	<a href="http://www.ncnurses.org">www.ncnurses.org</a>
<b>Sigma Theta Tau (STTI)</b>	International nursing honor that supports learning, knowledge, and professional development of nurses who strive to improve the health of the world's people.	<a href="http://www.nursingsociety.org">www.nursingsociety.org</a>
<b>Geriatric Nursing</b>	Online resource for nurses for the care of geriatrics	<a href="http://www.gnjournal.com">www.gnjournal.com</a>
<b>International Parish Nurse Resource Center (IPNRC)</b>	Deaconess Parish Nurse Ministries and the International Parish Nurse Resource Center foster physical, emotional, spiritual, and social harmony leading to healthy and healing relationships with God, family, faith communities, culture and creation.	<a href="http://www.parishnurses.org">www.parishnurses.org</a>
<b>Health Ministries Association (HMA)</b>	The Health Ministries Association is recognized as the only national professional membership	<a href="http://www.hmassoc.org">www.hmassoc.org</a>

	organization for faith community nurses. <b>Order BP Cuffs at a deep discount if a member.</b>	
<b>Stroke/Neurological Conditions</b>		
<b>National Institute of Neurological Disorders and Stroke</b>	Offers information on stroke awareness	<a href="http://www.ninds.nih.gov/disorders/chronic_pain/chronic_pain.htm">www.ninds.nih.gov/disorders/chronic_pain/chronic_pain.htm</a>
<b>National Stroke Association</b>	Provides basic knowledge about stroke, risk factors, prevention and recovery; also available in Spanish	<a href="http://www.stroke.org">www.stroke.org</a>
<b>American Stroke Association</b>	Education and information on stroke and related disorders	<a href="http://www.strokeassociation.org">www.strokeassociation.org</a>
<b>Complementary/Alternative/Integrative Medicine</b>		
<b>National Center for Complementary and Alternative Medicine</b>	Provides educational information on complementary and alternative medicine	<a href="http://nccam.nih.gov/">http://nccam.nih.gov/</a>
<b>National Cancer Institute (NCI)</b>	Helps to coordinate and enhance the activities of NCI in the arena of complementary and alternative medicine (CAM).	<a href="http://www.cancer.gov/cam/">www.cancer.gov/cam/</a>